



## FITNESS CLASS

THURSDAY  
**JULY 25**

11 a.m. - 1 p.m.

Join us at this **LIVE** fun fitness class!

**REGISTER NOW!**  
CALL THE RETIREE DIVISION  
**212.226.5800**



**BALANCE ARTS CENTER**  
151 W. 30th St., 3rd Floor  
New York, NY 10001